

# ***Fooled By Flavor!***



Hookah can feel social, but it's silently stacking your health risks.

**Hookah's long-term effects include lung, bladder, stomach, esophageal, and oral cancers, and heart disease.**

***You have the power to quit, and we're here to help!***

***Visit [Amplify.love](https://amplify.love) and [www.kickitca.ca](http://www.kickitca.ca) today for Tobacco Cessation Resources!***

California Tobacco Prevention Program, contract #22-10399

#### References

1. American Lung Association. Facts About Hookah. Accessed April 22, 2021. <https://www.lung.org/quit-smoking/smoking-facts/health-effects/facts-about-hookah>.
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3. Cobb CO, Ward KD, Maziak W, Shihadeh AL, Eissenberg T. Waterpipe Tobacco Smoking: An Emerging Health Crisis in the United States. *Am J Health Behav*. 2010;34(3):275–285.